



BINGWI NEYAASHI ANISHINAABEK

JOB POSTING – MENTAL HEALTH WORKER

Full-Time Position

Bingwi Neyaashi Anishinaabek (BNA) is a progressive, rapidly growing First Nation, formerly known as Sandpoint First Nation. We are seeking a Mental Health Worker to work out of BNA's Family Well-Being Centre in Thunder Bay. The Family Well-Being Team is currently seeking a dedicated, dependable, and experienced Mental Health Worker to join the team.

Position Summary

The Mental Health Worker will work within a multi-disciplinary team to provide prevention, assessment, referral, clinical counselling and follow-up services to individuals and family members affected by mental health issues. Provides assessments and therapeutic services for children and youth 29 and under who are experiencing mental health problems, or who may be at risk of developing a mental health condition. Services will be extended to include family or other caregivers and service providers. Services will also be provided to the community members in the form of psycho-educational presentations and awareness. Close collaborations with other health and support services will be built and maintained in efforts to provide comprehensive service delivery.

Responsibilities will typically include:

- Engage in individual therapy or group sessions with community members and their families.
- Build a relationship with the members and their families to build trust
- Providing and/or connecting children and youth with support services
- Provide care and support to members and intervene during crisis periods
- Child and Youth outreach and engagement
- Help members with their daily activities
- Maintaining confidentiality and records, document and keep member records properly
- Liaising and working with parents, schools, and other community groups/organizations
- Collaborating with external community partners to develop treatment plans for members
- To assist youth in healthy development through promotion of life skills, safety, nutrition, healthy physical development activities, cultural programs, and anti-violence training
- Provide evidence-based therapy such as cognitive behavioral therapy (CBT) for tackling anxiety and depression
- Assess members carefully while discussing their problems with them
- Educate patients' families about the mental health problems faced by patients and how to help them recover
- Carry out thorough risk assessments on patients
- Help to find out or point out the root cause of patients' mental health problems

Qualifications & Experience:

- A degree Counselling Psychology or a related field.
- At least 2 years recent related experience or an equivalent combination of education, training, & experience.
- Broad knowledge of mental health and substance abuse disorders and their interaction.
- Ability to conduct comprehensive assessments including the ability to assess and facilitate appropriate interventions to reduce the individual's risk to self and others.

- Must be sensitive to and respectful of cultural differences, differences in socio-economic status and lifestyle diversity. Must be non-judgmental
- Knowledge of relevant socio-historical events relevant to Indigenous culture.
- Well-developed interpersonal, counselling, oral and written communication skills.
- Intermediate Computer Skills (moderate understanding of operating systems, word processing, graphics, spreadsheets, databases).

To pursue this opportunity, please submit a cover letter and resume to Camille Borysewicz cborysewicz@bnafn.ca

Position will remain posted until filled

Miigwetch to all those who apply. Only those selected for further consideration will be contacted.